

# From My Kitchen

RECIPES TO KEEP & SHARE

*Recipe* _____

*Serves* _____ *Prep time* _____ *Cook time* _____

*Ingredients*

*Method*

*Notes* _____



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# A Softer Week

MAKE ROOM FOR WHAT MATTERS

*Week of* _____

*Monday* _____

*Tuesday* _____

*Wednesday* _____

*Thursday* _____

*Friday* _____

*Saturday* _____

*Sunday* _____

## *Home priorities*

- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____

## *Meals to enjoy*

_____

_____

_____

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_____

## *A moment for me*

_____

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_____





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# *From My Kitchen - Recipe Cards*

Print at 100%. Cut on the guides. Attach front and back if desired.




